

*dare to lead*TM

BASED ON THE RESEARCH OF
Brené Brown, Ph.D.



live brave.



PROGRAM OVERVIEW

The *Dare to Lead* program is a transformative 3-day or 8 virtual session leadership experience designed to equip leaders with the skills to create braver, more resilient teams and organisations. Grounded in the research of Dr Brené Brown, it focuses on four core skillsets of courage. This program is for leaders ready to move beyond comfort zones, navigate tough conversations, and lead with authenticity and impact in an increasingly complex world.

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SKILLS

- 1. Rumbling with Vulnerability** Build your emotional awareness and use this knowledge to face uncertainty, increase innovation and lead with courage.
- 2. Living into our Values** Clarify and align your leadership to your core values and handle tough conversations with clarity and purpose.
- 3. BRAVING Trust** Build self-trust, trust with others and trust in teams through clear boundaries, accountability, and reliable actions.
- 4. Learning to Rise from Setbacks** Learn a practical process to stop ruminating and rise from setbacks and move forward with resilience and strength.



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FACILITATOR

REBECCA HOPKINS (PCC)
Certified Dare to Lead Facilitator
Certified Gallup Strengths Coach

With 20 years of experience working with multi-national organisations in Australia, New Zealand, the United Kingdom, Singapore and Hong Kong, Beck has a mission to bring humanity into the workplace.

Beck is all about helping individuals, leadership teams and organisations to strengthening their connections with themselves and each other so they can build on their performance and delivery.

She brings tools, experience and engaging stories to make it land with your people.



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